



BaptistCare
at home



**Connect
Well**



Inclusive care for social and spiritual wellbeing

Connect Well includes a range of services and activities to help bring people together to support social interaction and spiritual wellness.

See what's possible...

Social

- Transport and Support to Social Activities, Concerts and Family Events
- Carer Support
- Physical Activities
- Social Club
- Seniors Groups
- Transport with a Companion
- Overnight Respite Care

Spiritual

- Pastoral Care
- Visiting Places of Worship
- Chaplaincy Visits
- Transport to Religious Practices
- Self-Reflection Support
- Technology Group
- Technology Private Sessions
- Spending Time in Nature

Other services are also available and can be tailored to meet your individual needs.



Rediscover your potential

Our Well-Living approach to Home Care will help you to picture what is actually possible, then achieve it.

Our **Connect Well** services will support you with **social interaction** and **spiritual wellness** to improve your **sense of belonging**.

Picture yourself...

Staying socially active

To ensure you stay connected within your social network, we can provide you with transport and a dedicated companion to join you while you visit family and friends and attend social events and entertainment activities.



Spiritually nourished

We can help you to make and maintain spiritual connections to enrich your life in a way that is meaningful to you – through pastoral care with a chaplain, attending religious services or spending quality time in nature.

Making new friends

We can expand your circle of friends and help you to connect and stay connected with other like-minded people in person and online for rewarding gatherings and enjoyable social activities including Social Clubs and Seniors Groups.



Embracing technology

We can teach you how to make the most of computer technology with either private or group sessions so you can expand your horizons and come together online with other people who share your interests.

"I have never attended anything like this before, and I found it fantastic and very enjoyable. This session was very uplifting now we are living in a COVID world. Thank you to all who organised this and made it possible for people like me who are new to this technology."

Marian