

Thursday, October 14, 2021

Dear Family Members and Carers,

I am pleased to inform you we are making changes to visiting hours and Residents attending family gatherings.

### **EASING OF VISITOR RESTRICTIONS - STAGE 2**

As of **Wednesday, 20 October 2021**, updated visiting hours and family excursions can occur at the following homes:

- Aminya Centre
- Morven Gardens
- Warena Centre
- Cooina Court
- Shalom Centre
- Dorothy Henderson Lodge
- The Gracewood Centre

### **Visiting in the home**

You will be pleased to know we have made changes to visitation:

- Visiting times have been extended to two hours per booking per fortnight.
- You can visit your loved one in their room OR in an outdoor space connected to their wing of the home.
- A standby system has been introduced. You can make a same-day booking if a timeslot is available on that day. This is in addition to your fortnightly visit.

### **Residents attending offsite family gatherings or excursions**

You can now take your loved one to a family gathering or excursion outside the home. Please give the home a **minimum of 24 hours notice** to take your loved one offsite. Please read through the suggestions at the end of this letter on what to consider when taking your loved one on an excursion.

When you take your loved one on an excursion, it is important to remember:

- The excursion must comply with the current Public Health Order, which can be found online here [Public Health \(COVID-19 Safety Order 2021](#), and the [Public Health \(COVID-19 Additional Restrictions for Delta Outbreak\) Order \(No 2\)](#).
- If your family gathering is in a house, please ensure all guests over 16 are double vaccinated, and you do not exceed the ten adults allowed in the house at one time.

- If your family gathering is in an outdoor public space, please ensure all guests over 16 are double vaccinated, and you do not exceed the 30 adults allowed to gather in a public place at one time.
- If you wish to take your loved one to an indoor public space such as a restaurant, you will need a copy of their vaccination certificate. This is kept by the Australian Immunisation Register (AIR), and they can be contacted on 1800 653 809. The AIR will only issue the vaccination certificate to the Power of Attorney or the person named on the certificate.

### **How to book your loved one to go on a family gathering or excursion**

- The current Public Health Order prohibits unvaccinated Residents from leaving the home for social reasons.
- From 5:00pm on Friday, 15 October, you can use the Acuity booking system to book a time to take your loved one on an excursion.
- Initially, we request that Resident excursions be limited to one per week to ensure we can assist Residents and family members to leave and return safely to the home. We will review this in the coming weeks with the expectation that we will return to unlimited excursions when the situation is clearer.
- The Resident needs to agree to the excursion as part of the approval process.

If you have any questions about this information, please don't hesitate to contact the Reception Desk at your home.

COVID-19 continues to pose a real risk to the vulnerable in the community. We know you will take every precaution to keep your loved one safe when you visit them or take them on an excursion.

I understand you are anxious to see your loved one as much as possible now that visiting and excursions are possible. I ask for your continued patience as we do our best to open up quickly and safely while working to keep the Residents and staff safe.

Kind regards,



Allan Waters  
General Manager, Residential Services and Retirement Living

## **Items to consider when taking your loved one on an excursion**

- Your loved one may tire quickly, and we suggest the excursion is no more than four hours in length to ensure they do not get too tired.
- Take them to a location with easy mobility options and a low risk of falls, such as a park with no steps and close parking.
- Personal care, such as the proximity of a bathroom, continence or other toileting requirements.
- Medication requirements, particularly related to mealtimes.
- Social distancing and hand hygiene requirements.
- No one who attends the gathering can have visited a case location in Australia or New Zealand or have been in contact with a COVID-19 positive case in the 14 days before the excursion.