



SUMMER MENU

Week three



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Morning Tea	Mini Party Pies	Sao w/ Ham & Cheese	Selection of 3 Fruits in Season	Mini Quiche	Selection of 3 Fruits in Season	Scones w/ Jam & Cream	Crackers w/ Cheese & Tomato	
Lunch	Main Meals	Chicken Kiev OR Thick Pork Sausages w/ Onion Gravy OR Vegetarian Sausages	Traditional Roast Lamb OR Roasted Vegetable Frittata	BBQ DAY	Chicken Parmigiana OR Lambs Fry w/ Bacon OR Eggplant Parmigiana	Battered Fish w/ Lemon Wedge Tempura Squid Rings Battered Crab Bites OR Pumpkin & Goats Cheese Arancini	Steak Diane OR Pork Steaks in Mustard & Thyme Sauce OR Vegetable Casserole	Roast Pork w/ Apple Sauce OR Sticky Glazed BBQ Meatloaf OR Glazed BBQ Falafel
	Potato & Veg	Sweet Potato Gratin Medley of Vegetables	Roast Potatoes Roasted Carrots Steamed Broccoli	Assorted Salads	Jacket Potatoes Medley of Roast Vegetables Glazed Green Beans	Beer Batter chips Coleslaw Beetroot	Chive Mashed Potato Mashed Pumpkin Peas	Roast Potato Sweet Potato Vegetable Gratin
	Dessert	Tiramisu w/ Cream	Banana & Mango Ice Cream Splits	Chocolate Mousse Parfait	Steam Jam Pudding w/ Custard	Ice Cream Sundae w/ Nuts & Shaved Chocolate	Coconut Panna Cotta w/ Lychees & Mango Coulis	Berry Eton Mess
Afternoon Tea	Orange Cake	Cupcakes w/ Vanilla Icing	Lamingtons w/ Jam & Cream	Butter Cake w/ Icing	Weetbix Slice	Sultana Cake	Caramel Slice	
Dinner	Soup	Crème of Mushroom	Chicken & Sweet Corn	Curried Sweet Potato & Lentil	Pea & Ham	Minestrone	Vegetable	Lamb & Split Pea
	Main Meals	Creamy Chicken, Sun Dried Tomato & Vegetable Pasta Bake OR Creamy Vegetable Pasta Bake	Ham, Cheese & Tomato Croissants w/ Potato Wedges & Salad OR Cheese & Tomato Croissants	Homemade Tuna Patties w/ Baby Potatoes & Mixed Vegetables OR Vegetable Pattie	Chefs Choice Pizza w/ Garlic Bread OR Chefs Choice Vegetarian Pizza	Lamb Cobbler w/ Sauté Green Beans OR Vegetable & Chickpea Cobbler	Turmeric & Coconut Chicken Curry w/ Rice & Naan Bread OR Chickpea & Vegetable Tandoori	Prawn Cocktail Salads w/ Chips OR Tofu Fish

Dessert

Seasonal fresh fruit available every day

Supplementary Meal Options

Available at all meal times:
Grilled Fish, Chicken Kiev, Vegetable Patty or Beef Meatballs