

WINTER MENU

Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Morning Tea

Mini Quiche

Assorted Sliced Fruit

Cheese & Pickle Finger Sandwiches

Sausage Roll

Curried Egg Finger Sandwiches

Savoury Scones

Cheese & Bacon Scrolls

Main Meals

Slow Braised Beef BBQ Ribs
OR
Parmesan Crumbed Chicken Schnitzel
OR
Crumbed Eggplant Schnitzel

Roast Chicken w/ Honey Mustard Gravy
OR
Chorizo Pappardelle
OR
Lentil & Vegetable Pappardelle

Marinated Pork Steaks
OR
Roasted Vegetable & Cheese Parcels

Slow Cooked Beef Brisket
OR
Lamb Loin Chops in Red Wine Gravy
OR
Roasted Chickpea Loaf

Battered Fish w/ Lemon Tempura Battered Squid
Crumbed Prawns
OR
Herb & Garlic Chicken Balls
OR
Cauliflower Popcorn

Chicken Cacciatore
OR
Spinach, Fetta & Asparagus Quiche

Roast Pork w/ Apple Sauce
OR
Crumbed Chicken Tenders
OR
Plant Based Chicken Strips

Potato & Veg

Jacket Potato w/ Sour Cream
Vegetable Medley

Tuscan Roast Potato
Pumpkin Wedges
Buttered Green Beans

French Onion Potato Bake
Cauliflower Broccoli

Whole Roasted Baby Potato
Roasted Carrots
Peas

Battered Chips
Diced Beetroot
Coleslaw

Mashed Sweet Potato
Vegetable Medley

Hassel Back Potato
Medley of Roasted Carrot, Parsnip & Beetroot

Dessert

Raspberry Bread & Butter Pudding w/ Thickened Cream

Lemon Cheesecake

Caramel Mousse w/ Chocolate Syrup & Whipped Cream

Steamed Golden Syrup Pudding w/ Custard

Panna Cotta w/ Raspberry Coulis

Warm Chocolate Brownie w/ Ice Cream

Warm Rice Pudding w/ Apricots

Afternoon Tea

Lemon Cake

Lamingtons

Apple Tea Cake

Carrot Cake

Blueberry Muffins

Assorted Danish Pastries

Sponge Cake w/ Jam & Cream

Soup

Cream of Cauliflower Soup

Broccoli & Parmesan Soup

Lentil & Vegetable Soup

Beef & Vegetable Broth

Sauté Potatoes Parsley & Butter

Cream of Pumpkin Soup

Mushroom Soup

Main Meals

Irish Stew w/ Mashed Potato & Panache Mixed Vegetables
OR
Lentil Stew

Homemade Beef Sausage Rolls, Potato Wedges w/ Sour Cream & Sweet Chili Sauce
OR
Chickpea, Spinach & Caramelized Onion Rolls

Tuna Mornay Pasta Bake w/ Mixed Vegetables
OR
Cheesy Vegetable Pasta Bake

Ham & Cheese Croissant w/ Side Salad w/ Green Goddess Dressing
OR
Cheese & Tomato Croissant

Sweet Lamb Curry w/ Rice & Naan Bread
OR
Sweet Chickpea Curry w/ Naan Bread

Deviled Sausages w/ Rustic Mashed Potato
OR
Deviled Vegetarian Sausages

Tempura Prawns w/ Cocktail Sauce, Potato Gems, Salad & French Vinaigrette
OR
Tempura Vegetables

Dessert

Seasonal fresh fruit available every day

Supplementary Meal Options

Available at all meal times:
Grilled Fish, Chicken Kiev, Vegetable Patty or Beef Meatballs